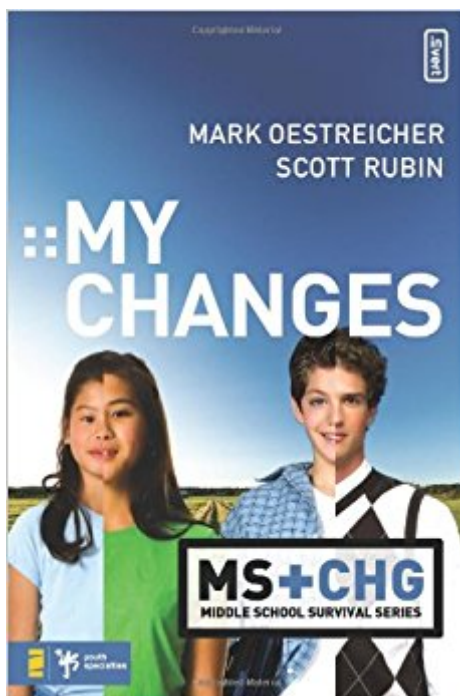


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# My Changes (Middle School Survival Series)



## Synopsis

In *My Changes*, you'll discover the reasons behind a lot of your changes, and get tips on how to survive all of them. You'll find valuable insights on changes happening in your body, your brain and thoughts, your identity, your emotions, your gender, and more. After reading the books in the Middle School Survival Series, you'll be ready to take on the rest of middle school with the confidence and knowledge you need to survive (and thrive) as a young teen.

## Book Information

Series: Middle School Survival Series (Book 5)

Paperback: 192 pages

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Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #2,358,429 in Books (See Top 100 in Books) #99 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Values & Virtues](#) #291 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Devotionals & Prayer](#) #1694 in [Books > Teens > Religion & Spirituality](#)

## Customer Reviews

In *My Changes*, you'll discover the reasons behind a lot of your changes, and get tips on how to survive all of them. You'll find valuable insights on changes happening in your body, your brain and thoughts, your identity, your emotions, your gender, and more. After reading the books in the Middle School Survival Series, you'll be ready to take on the rest of middle school with the confidence and knowledge you need to survive (and thrive) as a young teen.

Mark Oestreicher (Marko) is a veteran youth worker and former president of Youth Specialties. The author of dozens of books, including [3.0](#) and [Middle School Ministry](#), Marko is a sought after speaker, writer and consultant. Marko leads The Youth Cartel, providing a variety of resources, coaching and consultation to youth workers, churches and ministries. Marko lives in San Diego with his wife Jeannie and two teenage children, Liesl and

Max.Ã Â www.whyismarko.com.Scott Rubin has been on staff at Willow Creek Community Church for 18 years, and he's currently the director of Elevate, the junior high ministry at Willow Creek. Scott, along with an entirely-fantastic team of staff and volunteer leaders, has the privilege of helping young adolescents follow Jesus. He also co-authored two books in the Middle School Survival Series with Mark Oestreicher.

Our oldest daughter turned 12 and it was like she changed overnight. We were wondering what was going on and we found this book. While written for teens, my husband and I loved reading this! We gave it to our daughter and she is constantly coming up to tell us what she read next in the book. Each "chapter" is just 1-2 pages. It is a quick, easy and humorous read and really gives you and your kids insights to the teen years. We want to buy the other books in this series now!

Excellent condition

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